

SARIZA SPRING HOTEL - HOTEL DESCRIPTION

The “Sariza Spring Hotel” is located in the center of the greenest village of Cyclades, Andros at the area o Apikia, next to the Sariza Spring.

“Apikia” is a special village, not only because the unique source of Sariza can be found here, but also other less known natural sources such as “Lesina” and others. In the Cycladic landscape, the village of Apikia pleasantly surprises the visitors with its trees, its coolness, its paths and its beautiful mansion houses.

Within this unique setting, you will find the welcoming «Sariza Spring Hotel», where you can find the comforts of a modern and large hotel, combined with the rejuvenating treatment of Sariza water.

The hotel is open all year round, ready to accommodate you for both an unforgettable weekend and longer stays, to take a break far from the buzzing cities. In the comfortable and full of taste lounges of our hotel you will calm and relax while enjoying the view of the Steni valley and the Aegean Sea, along with your coffee, drink or food. In our modern, refurbished and equipped with all the comforts (TV, private refrigerator, air condition, telephone, wi-fi, etc.) rooms, you will enjoy the comfort, the quietness, the tranquility, the fresh air and the wonderful view.

Location

The hotel is only 5 km west of the main city of the island, Andros Chora and 2 km from Gyalia beach.

Facilities

- ❖ Privileged location
- ❖ High customer satisfaction
- ❖ Modern comfort
- ❖ Wellness & pool
- ❖ Delicious food
- ❖ Bar & veranda
- ❖ Courtyard with plane trees
- ❖ 1 Pool
 - ✓ Offering great views and lots of privacy
 - ✓ Depth of 1 to 1.50m
- ❖ Pool café-bar
- ❖ Restaurant
- ❖ Coffee-Bar
- ❖ Free Parking Area

Services

- ❖ Excellent service
- ❖ Free Wi-Fi

Other Services

- ❖ Sauna offering

- ✓ volcanic stones for relaxation
- ✓ wellness
- ✓ slimming
- ❖ Massage
 - ✓ Thai Yoga Massage
 - Relief from muscular pain and blockages that congests through stress and accumulated toxins
 - Variety of passive stretching exercises improving the flexibility postural alignment of the body.
 - Sleep Improvement
 - Relief from musculoskeletal pain (back, waist, neck, shoulders, legs)
 - Blood circulation and immune system improvement
 - Nervous system activity stimulation
 - New perception of the body and deep breathing
 - Massage (full-body treatment performed on a special mattress on the floor without the use of oil.)
 - ✓ Lymphatic drainage massage
 - primarily affects the function of the lymphatic system by stimulating the movement of the lymph
 - Detoxifies the body by elimination of toxins
 - Improves the functioning of the immune system
 - Regenerates and improves the health of the skin and the skin tissue
 - Lymphatic drainage is a full body massage performed on a massage table with the use of essential oils.
 - ✓ Abdominal massage for the internal organs
 - According to the Chinese medicine, stressful feelings, environmental pollution and food toxins are stored in the abdominal area, creating tensions that reduce the functionality of the internal organs which operate for the detoxification and nourishment of the body
 - Massage in the belly area and the rest of the body will detoxify and restore the functionality of the internal organs and will bring physical and emotional balance
 - Offers relief from constipation and restoration of the digestive process
 - Massage in the abdominal muscles relieves lower back pain
 - Elimination of toxins from the body
 - Deep sense of vitality, physical relaxation and emotional afterglow
 - Abdominal massage is a full body massage focused in the belly area performed on a massage table with the use of essential oils.

Our staff is professional in various physical practices, such as Capoeira, Tensegrity, Qi Qong and has received basic training in Chinese Medicine

Events

- ❖ Dance clubs parties
- ❖ Movie nights
- ❖ Art exhibitions
- ❖ Concerts

- ❖ Games Room, in the plane tree courtyard you can have fun in the games room, featuring billiard tables and table tennis (ping pong)
- ❖ Weddings
- ❖ Hristenings Christening
- ❖ Anniversaries etc. up to 250 people upon arrangement

Hiking

The hotel is located at the crossroads of three hiking paths that lead to the city of Chora, capital of Andros, the beach of Gyalia, the waterfall of Pythara, the villages of Vourkoti and Mesathouri, and many more lovely places.

We are delighted to collaborate with “Andros Routes” and to have special offers and suggestions for strollers such as relaxing in our yard, local snacks at special prices, hospitality, lunch boxes upon request, etc.

Religious tourism

The hotel is located between the 2 very important monasteries of Agia Marina (1 km) and Agios Nikolaos (4 km).

We have been hosting groups of religious tourism for a long time and we can respond to their needs such as breakfast boxes, Lenten breakfast and breakfast preparation from 6:30 am for those who want to attend. The early morning church service.

Accommodation:

The hotel offers 3 types of rooms, single, double and family, overlooking the sea or the mountain. All of them are fully equipped with all the modern comforts, in order to have the most comfortable and enjoyable stay.

Standard Facilities:

- Bathroom
- Television
- Refrigerator
- Air condition
- Heating
- Telephone
- Free Wifi
- Balcony

Seminar & Conference Facilities

The hotel can comfortably host seminars or small conferences of 40-80 people.

There is a seminar room at the plane trees courtyard and the possibility of a full frame-support for your seminar, conference or event.

In the hotel, dozens of seminars have been held since 1997 and we have extensive and multilevel experience both in supporting and framing them with unique and unforgettable events.

Food & Beverage Services

- Restaurant that is famous for its homemade cuisine and delicious dishes, combined with its family environment and affordable prices.
- Coffee-Bar at the veranda, at the plane trees courtyard or near the fireplace in the winter, you can always enjoy a variety of drinks, coffees, juices, ice creams, refreshments and soft drinks.
- Pool café-bar

Also, you can enjoy your coffee, cake, ice cream or your refreshment in the plane trees courtyard overlooking the Stenies Valley and the wonderful Gyalia beach.

SARIZA SPRING HOTEL - ROOMS' DESCRIPTION

Standard Facilities:

- Bathroom
- Television
- Refrigerator
- Air condition
- Heating
- Telephone
- Free Wifi
- Balcony
- Rooms with sea view, overlooking the Stenia valley and Gyalia Beach
- Rooms with mountain view offer coolness on the warm summer days, so that guests can enjoy absolute peace and tranquility.

Double room

- Sea view or mountain view
- Fully equipped

Single room

- Sea view or mountain view
- Fully equipped

Family room

- Sea view or mountain view
- Fully equipped
- Three or connected double rooms with intermediate door